

LETTER SCRAMBLE



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Description: Participants are given one letter of the alphabet and are to make words by grouping with other participants.

Objective: To get people moving early in the training session while building creativity and becoming more familiar with each other

Time: 20 minutes

Audience: Any training audience

Group Size: Any size

Materials: Cards with different letters of the alphabet on them (one per participant) with a mix of vowels and consonants.

Process:

1. Provide each participant with a card containing a single letter of the alphabet.
2. Tell the whole group their task is to arrange themselves into words using **all** the letters. The group can come up with a lot of words or just a few longer words but explain that every letter must be used.
3. After arranging themselves into these words, encourage the participants to introduce themselves to each other. It is important to have a good balance of vowels to consonants to give them the best chance of coming up with words quickly.

Debrief: The trainer should thank the participants for playing and remind them that in life they have to do the best with the cards they are dealt. However, by working together they can come up with a lot of different solutions.

Variations:

- As an extension, you could have a competition for which group can come up with the largest amount of different words.
- Instead of simply asking for groups of five, you could also use the activity as a means of forming groups during the session – e.g. “get into a five-letter word.”
- You can also have the group come up with words that relate to the subject matter or topic of the session. Have some fun with this!